



CAREMI foundation

(THE FOUNDATION FOR THE CARE AND RESETTLEMENT OF THE MENTALLY ILL)

NEWSLETTER

www.caremifoundation.org

ANNUAL GENERAL MEETING 2015

The CAREMI Foundation held its fourth Annual General Meeting at the Children's Auditorium of the Obafemi Awolowo University Teaching Hospitals Complex, Ile-Ife on Thursday, 15th October 2015. The Annual Report, presented by the Chairman, Board of Trustees, Emeritus Professor D.A. Ijalaye, included the following: Situation report on the collaboration with the Government of the State of Osun on the treatment and

rehabilitation of vagrant psychotics, Support of patients in the Obafemi Awolowo University Teaching Hospitals Complex, The Mental Health Education and Sensitisation programme for schools, Support of the Primary Mental Health Care Services in Ife North Local Government area and provisional accounts for the period 30th Sept. 2014 to 30th Sept. 2015.

WORLD MENTAL HEALTH DAY (WMHD) 2015

CAREMI FOUNDATION, celebrated the year 2015 World Mental Health Day, by joining other organizations all over the world, from 13th to 15th October, 2015, with the Theme "Dignity in Mental Health". The programme included Arts Exhibition on Mental health related issues – 13th & 14th October, at the Arts Gallery of the Institute of Cultural Studies, OAU, Ile-Ife. The art exhibition featured both graphics and contemporary art exhibits. The foundation will like to express its gratitude to Dr Segun Ajiboye and Dr Stephen Folahanmi of the department of Fine Art OAU Ile -Ife for their participation and invaluable help during the art exhibition. As part of the activities of the 2015 WMHD programme the foundation also hosted a radio talk show on the state radio service, OSBC radio and on NTA Ile-Ife.

As part of the WMHD program CAREMI also organized a 1day workshop for health professionals on integrating care of the mentally ill into primary health care services, using the WHO MhGAP protocol, in attendance at the seminar were the Permanent Secretary, Hospitals Management Board Pharm. Lara Ajayi and Director of Medical Services, Dr Adepoju. Health professionals from both local government health centers, state hospitals and from the private sectors were all present to listen to presentations from Dr Mapayi, Dr Ibigbami, and Dr Mosanya.



MENTAL HEALTH EDUCATION & SENSITISATION PROGRAMME IN SECONDARY SCHOOLS

The Foundation conducted a Mental Health Education and Sensitisation programme for Secondary schools in February 2015. Schools visited included Obokun middle school I, II and III in Ilesa.



The topics treated included: "Understanding the causes of common mental health disorders", "Good mental health habits" and "Early recognition of the signs of mental health challenges among students". The Principals, Teachers and students, who participated in the programme, expressed gratitude to the Foundation, stating that they found it to be educative, stimulating and beneficial to them.

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Annual General Meeting/symposium held at the mini auditorium, OAUTHC on the 15th October 2015. The symposium featured topics like Promoting Dignity in Mental Health by Dr. Ijadunola KT (Director, Institute of Public Health, OAU, Ile-Ife) Supporting Dignity through Mental Health Legislation by Dr. Yusuff AO (Senior Lecturer Faculty of Law, OAU) and living with Dignity in Mental Health by Dr. Adebayo KO (Senior Lecturer, Department of Psychiatry, LAUTECH Osogbo).

The programme was chaired by Emeritus Prof D.A. Ijalaye, SAN, the



TREATMENT AND REHABILITATION OF VAGRANT PSYCHOTICS

Remarkable progress has been made on the treatment and rehabilitation of vagrant mentally ill people in Osun State. Mentally ill people living on the streets in various towns and cities of the State of Osun are still being taken to OAU Teaching Hospitals Complex, Ile-Ife and LAUTECH Teaching Hospital, Osogbo for care by the Special Task Force set up by the office of the Special Adviser to the Governor on Youths, Sports and Special Needs. During the course of hospitalization, the clients are reunited with their relations after regaining satisfactory health and most have been rehabilitated back into the community. CAREMI still looks forward to the commissioning of the Rehabilitation Centre that has been developed in Ilobu.

PRIMARY HEALTH CLINICS IN IPETUMODU AND MORO

The Foundation has continued in its support to the primary mental health clinics established in Ipetumodu and Moro which have been of tremendous benefit to the people of Ife North Local Government area. The training and retraining of workers, onsite consultation and technical assistance to the health care workers have continued to show that the goal of incorporating mental health care as part of primary health care services is achievable



SUPPORT FOR ST MARY'S REHABILITATION CENTRE, IPETUMODU

The Foundation has continued to provide services for the St Mary's Rehabilitation & Development Centre, Ipetumodu with regular visitations and provision of drug items for the pupils of the Centre. A monthly stipend is also being given.

FUNDS / PLEASE HELP

CAREMI'S activities are organised by un-paid volunteers. However, we do need funds to organise these activities and to support needy patients. The Foundation is dependent on the support of members and other individuals and organizations that share in her objectives for funds to organise its activities.

We therefore appeal to interested individuals and organizations to generously donate to the Foundation through its Bank accounts with:

Stanbic IBTC Ile-Ife
Account No. 9302868043 and

SKYE BANK PLC, OAUTHC, Ile-Ife
Account No. 4090976064.

PROF. FUNMI TOGONU-BICKERSTETH BECOMES PRO CHANCELLOR

Prof Togonu Bickersteth a member of our board of trustees has been appointed Pro Chancellor for the Federal University Gusau, Nasarawa State. We are proud to be associated with her and congratulate Prof on her appointment we all wish her the best.

APPRECIATION

The Board of Trustees and the entire foundation would like to thank the public, all members and students from various schools who have been part of our programmes and who have supported the Foundation in various ways since its inception.

The Website address of the Foundation is www.caremifoundation.org.ng

Members of the public are urged to visit the site for more information concerning the activities of the foundation.